1

Study of the Effects of Cellfood® Liquid Concentrate on the Human Energy System

June 2009

Michelle Schoffro Cook, DNM, DAc, CNC Best-selling Author and Doctor of Natural Medicine

Summary:

The energy systems of eight healthy subjects were tested before and one-hour after administering Cellfood® Liquid Concentrate. Testing involved using an AcuGraph® Digital Meridian Imaging™ system. Average before and after readings were calculated and compared to determine whether there were any changes in Yin-Yang Imbalance, Chi and Energy Stability. There was an improvement in all three categories.

Methodology:

Eight healthy non-smokers were recruited as test subjects. The eight participants ranged in age from 22 to 42 years. Two participants were male and six were female.

The evaluations were carried out by an experienced user of the AcuGraph® Digital Meridian Imaging™ system using the Tsing electronic measurement protocol on the 12 Jing Well (Tsing) points on the hands and feet of each subject. The Jing Well points were selected for their historical accuracy in multiple measurements. For each subject a baseline measurement was taken of the 12 points on both the left and right sides, for a total of 24 readings per person. Eight drops of Cellfood® were administered orally in a cup of water immediately after obtaining baseline readings. After a one hour lapse another set of 24 readings was taken.

Using the data obtained from each set of 24 readings taken per person, the AcuGraph® Digital Meridian Imaging™ system calculates various types of energy system readings, including: Yin/Yang Imbalance, Chi, and Energy Stability. The average baseline readings were compared with the post-Cellfood® readings to determine whether there were any changes in the readings after ingestion of Cellfood® in water.

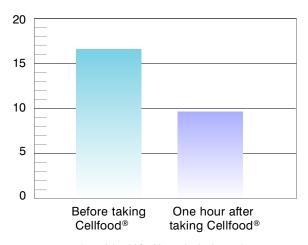
Background:

The AcuGraph® Digital Meridian Imaging™ system uses galvanic skin resistance measurements of representative acupuncture points (acupoints) to evaluate relative energetic balance between the meridians. This method is well-researched and has a fifty-year history in clinical use and in research studies. Readings for changes in overall Yin/Yang Imbalance, Chi, and Energy Stability were compared before and after administering Cellfood®.

Yin/Yang Imbalance

Yin/Yang Imbalance is measured as a percentage Yin or a percentage Yang, depending on many factors. The ideal Yin-Yang Imbalance reading for a person is zero since that reflects perfect balance. Higher numbers indicate greater imbalance. Baseline readings ranged from 15 percent Yang to 27 percent Yin. The average imbalance was 16.63. One hour after Cellfood® was administered the readings ranged from 8 percent Yang to 26 percent Yin, indicating improved Yin/Yang Imbalance. The average imbalance after administration of Cellfood® was only 9.75 with an average of 41.37 percent improvement.

Average Yin-Yang Imbalance Readings Before and After Administering Cellfood® Liquid Concentrate

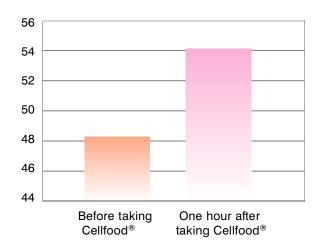


(0= Ideal Yin-Yang Imbalance)

Chi

Chi is the life force energy of a person, according to Traditional Chinese Medicine. Zero indicates a low level of Chi and 100 indicates the best possible level of Chi. Baseline Chi readings ranged from 36 to 69 with an average reading of 48.38. After Cellfood was administered the readings ranged from 36 to 98 with an average reading of 54.13. There was an average increase in Chi of 11.89 percent after ingestion of Cellfood.

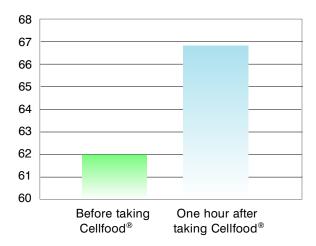
Average Chi Readings Before and One Hour After Administering Cellfood® Liquid Concentrate



Energy Stability

Energy Stability reflects the range of the 24 readings for each person. Balance is always the goal when measuring the energy systems, therefore less variability between the readings is preferred. For example: If readings range from 90-110, the Energy Stability score will be high—meaning not much variability. Conversely, if readings for a person range from 20-175, the Energy Stability score will be extremely low because it has such a broad range of readings. Therefore, higher numbers indicate greater energy stability. Baseline readings were taken for each subject. They ranged from 38 to 81, with an average reading of 62. After administering Cellfood, readings ranged from 36 to 84, with an average reading of 66.88. The average increase in Energy Stability was 7.88 percent, indicating improvement.

Average Energy Stability Readings Before and One Hour After Administering Cellfood® Liquid Concentrate



Conclusion:

Cellfood® Liquid Concentrate had a positive impact on the human energy system as measured with the AcuGraph® Digital Meridian Imaging™ system in this study. Improved readings were noted for Chi, Yin/Yang Imbalance, Energy Stability, and Personal Integrated Energetics readings only one hour after administering Cellfood® Liquid Concentrate. Based on this study, Cellfood® Liquid Concentrate shows promise in the treatment of the human energy system, as a way of reducing Yin/Yang Imbalances, increasing levels of Chi (energy), and restoring stability to the energy systems (Energy Stability). Cellfood® Liquid Concentrate may assist the acupuncture, qigong, Traditional Chinese Medicine, or other energy practitioner in restoring balance to the energy system.

Case Study Demonstrating the Effects of Cellfood[®] Liquid Concentrate on the Energies of a Test Subject

June 2009

Michelle Schoffro Cook, DNM, DAc, CNC Best-selling Author and Doctor of Natural Medicine

A 42-year old female test subject was recruited to demonstrate the effects of Cellfood® on her energy systems. The AcuGraph® Digital Meridian Imaging™ system was used to take readings of the Jing Well (Tsing) points used in Chinese Medicine for each of the twelve energy meridians of the body. Left and right readings were taken for a total of 24 readings (see graph). Eight drops of Cellfood® Liquid Concentrate were administered orally in a cup of water immediately after obtaining baseline readings. After a one hour lapse another set of 24 readings was taken (see graph below). The evaluations were carried out by an experienced user of the AcuGraph® Digital Meridian Imaging™ system using the Tsing electronic measurement protocol on the Jing Well (Tsing) points on the hands and feet of each subject. The Jing Well points were selected for their historical accuracy in multiple measurements.

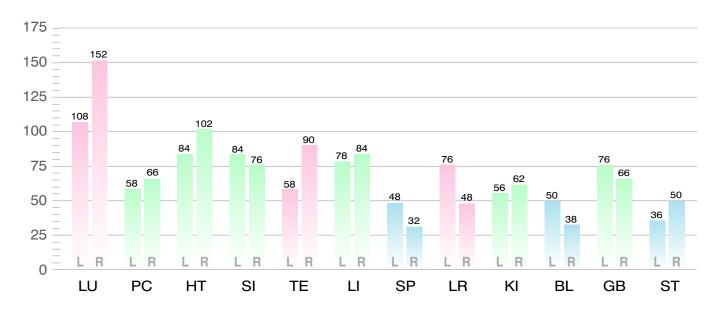
The AcuGraph® Digital Meridian Imaging™ system uses galvanic skin resistance measurements of representative acupuncture points (acupoints) to evaluate relative energetic balance between the meridians. This method is well-researched and has a fifty-year history in clinical use and in research studies.

Prior to taking Cellfood,® the test subject exhibited energetic imbalances in the Lung, Triple Energizer, Spleen, Liver, Bladder, and Stomach. More specifically, there was a split reading indicating imbalance in the Lung, Triple Energizer, and Liver Meridians while the Spleen, Bladder, and Stomach Meridians were low in energy. Split readings occur when there is a substantial variability between the left and right meridian readings.

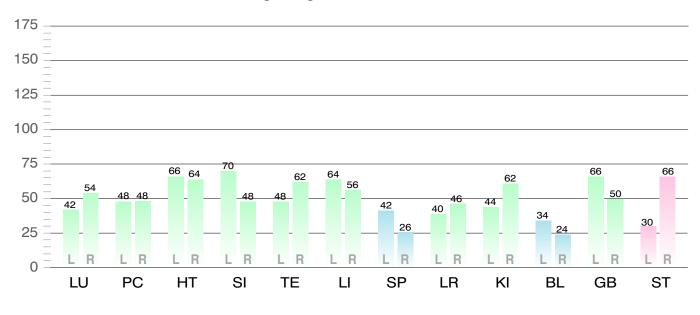
After ingesting Cellfood®, only the Bladder and Stomach Meridians still exhibited imbalances. Specifically, there was low energy in the Bladder Meridian and a split reading in the Stomach Meridian.

Conclusion: For this test subject Cellfood® had a noticeable balancing effect on the body's energy meridians. After ingesting eight drops of Cellfood® in cup of water, the previously imbalanced Lung, Triple Energizer, Spleen, and Liver meridians became balanced. This is a remarkable improvement in the body's energies in only one hour.

Test Results One Hour Before Ingesting Cellfood



Test Results One Hour After Ingesting Cellfood



Balanced meridian

A split between left and right readings, reflecting imbalance or energy blockage

Low meridian energy

Legend

LU	Lung Meridian	SP	Spleen Meridian
PC	Pericardium Meridian	LR	Liver Meridian
HT	Heart Meridian	KI	Kidney Meridian
SI	Small Intestine Meridian	В	Bladder Meridian
TE	Triple Energizer/Sanjiao/Triple Warmer Meridian	GB	Gallbladder Meridian
LI	Large Intestine Meridian	ST	Stomach Meridian